

Your Guide to a Sustainable Summer in Cobourg



Enjoy the season while protecting
what makes it special!

For more information visit: [Cobourg.ca/Sustainability](https://cobourg.ca/Sustainability)



Enjoy Cobourg Sustainably

Move Sustainably

Consider carpooling and combining errands by planning ahead. Idling your vehicle burns fuel while sending emissions into the atmosphere. For every 10 minutes of idling, the average three-litre engine loses more than a cup of fuel (by-law 013-2025).

Did you know that Cobourg Transit offers a Limited Fixed Route AND an On-Demand Service? On-Demand Transit is a shared-ride public transit service without a fixed schedule or route with same day or advanced booking. Visit [Cobourg.ca/transit](https://cobourg.ca/transit) for more details.

Protect Yourself and Nature

Create Compost: Rather than using chemical fertilizers, compost your fruit and vegetable scraps, coffee grounds, tea bags, eggshells, and leaves/grass clippings to create decomposed organic matter. Compost enriches your garden while reducing the amount of waste you send to the landfill.

Stay Tick Safe on Hikes: Wear light-coloured clothing and tuck your pants into socks while staying on cleared paths or walkways. Wear closed-toe shoes and do a full body tick check on yourself, your pets, and gear.

Save Water

Consider using a rain barrel to lower utility bills while benefitting plants! Water your lawn during cooler times of day. Early in the morning is recommended to reduce water loss from evaporation and allow water to soak into the soil.

Beat the Heat

- During extreme heat, seek cool spaces while staying hydrated.
- Check on neighbours and loved ones, especially senior citizens.
- Shut windows during the hottest parts of the day and put a bowl of ice in front of your fan for a cool draft.

Reduce Waste

- Hosting a barbecue? Remember to set out a recycling bin beside your trash can and consider using reusable or compostable cutlery.
- Instead of replacing your summer wardrobe, consider repairing, repurposing, or donating old items.

How is Cobourg Responding?

The Town of Cobourg is currently working on a Cobourg Green Guidelines program which will encourage new developments to:

- Protect and enhance natural areas
- Support walking and cycling
- Reduce greenhouse gas emissions
- Conserve water and energy

By promoting sustainable design today, Cobourg is helping build a more climate-resilient community for tomorrow.



Voices From Our Community

“Catch basins are grates placed in parking lots, yards, and along roads that collect rain and storm water and direct it to waterways to prevent flooding. In Cobourg, all this water eventually ends up in Lake Ontario. Unfortunately, not only rainwater enters catch basins. Yard waste, garbage, cigarette butts, motor oil, and other pollutants can enter catch basins intentionally or unintentionally, harming our beautiful waterways and aquatic life. To help protect our waterways, keep catch basins clear from any pollutants including leaves, grass clippings, garbage, or anything else that may harm the aquatic ecosystem.”



Morgan Flintoff

Environmental Technician, Town of Cobourg

“Have a pool or hot tub? The best way to drain or backwash is to slowly drain the water onto a permeable area of your lawn where the water won’t erode or reach neighbouring properties. Water from chlorinated pools or hot tubs can only indirectly enter the catch basin if it has been dechlorinated and chlorine levels are below 0.02mg/L. Usually leaving water untreated for 1-2 weeks will accomplish this.”

Jennifer Leno

Environmental Compliance Officer, Town of Cobourg

Voices From Our  Community, continued

"Lakelands Public Health reminds you to get ready for heat season! Climate change means Cobourg is having more hot days. Extreme heat over 30°C can affect your health. People who are older, younger, pregnant, spend a lot of time outdoors, or have chronic health conditions are at higher risk. Remember to drink water, avoid midday outdoor heat and check in with others. Know the signs, protect yourself and be prepared." *Learn more at: LakelandsPH.ca/heat*

Sue Shikaze

Health Promoter, Lakelands Public Health



Cobourg Summer Bucket List

- Have a picnic with reusable cutlery by Victoria Beach (138 Division Street)
- Enjoy the lakefront view while strolling down the waterfront boardwalk on West Beach (107 Hibernia Street)
- Visit the Cobourg Farmers' Market (Rotary Harbourfront Park, 35 Albert Street, open from 8am-1pm every Saturday from May - October 31)
- Go bird watching at Cobourg Conservation Area (700 William Street)
- Visit the Community Garden (196 Spencer Street East) or the Cobourg Water Conservation Garden (South-East corner of Ewart Street and Division Street)



Resources and Quick Links

The Town of Cobourg uses Alertable to share emergency and non-emergency notifications including severe weather. Sign up today to keep yourself and others informed and up to date!



The Cobourg Community Centre offers a variety of summer camps designed to spark curiosity, build confidence, and foster community.

Stay up to date with Cobourg's summer events by visiting Experience Cobourg's events calendar.

