

Friday, January 9th

Guest: Greenwood Coalition
Creating art and building connections! Come and get creative with the team from Greenwood. Mingle and create together!

Friday, January 16th

Guest: Cobourg Fire Department
Fire Safety Talk + Truck Tour!
Learn fire safety tips, explore a real truck, and hear local firefighter stories this Friday!

Friday, January 23rd

Guest: Debra McCarthy
Learn how to read food labels and make healthy decisions for you and your loved ones.

Friday, January 30th

Guest: Techie Nesters
Learn how technology can help you maintain your independence longer. Bring your tech for some free help too!



Friday, February 6th

Guest: Bob Garthson
Preparing for the garden season, including where to obtain plants and seeds.

Friday, February 13th

Guest: No Guest Speaker
☕ Let's get together for coffee and chatter about current events.

Friday, February 20th

Guest: Randy Barber
Join Councillor Barber for an interesting talk on the history of Barbering.

Friday, February 27th

Guest: Rick Miller
Join Rick Miller of the Marie Dressler House, to learn about the history of our local Marie Dressler House.



Cobourg
Public
Library

Cobourg Public Library
Rotary Room
200 Ontario Street
Cobourg, ON K9A 5P4

🕒 10:00 a.m. to
11:30 a.m.



Most Fridays —
Check with our team for
upcoming dates and
topics!



Light Refreshments
Provided



Welcoming those
aged 55 and older to
drop-in



Donations
appreciated, but never
required

BOOMERS

January & February



LEARN SOMETHING NEW
MEET NEW PEOPLE
FEEL CONNECTED