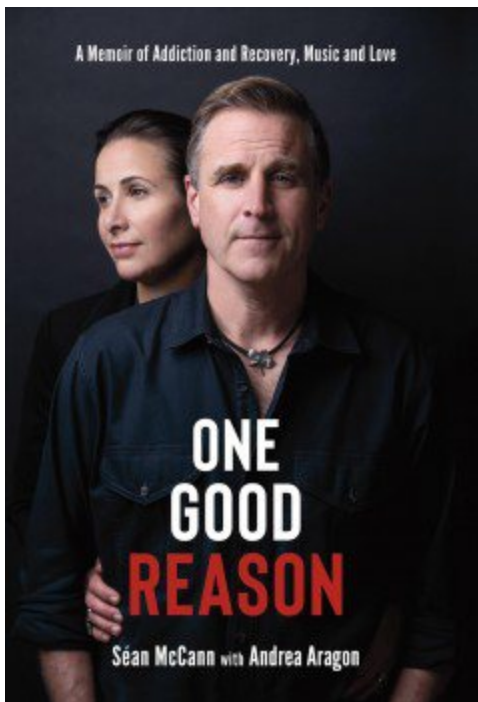




## Read & Recommended



***One Good Reason***  
by Séan McCann & Andrea Aragon

As a founding member of Canada's Kitchen Party folk band, Great Big Sea, Séan and his band mates toured Canada and the world playing sold out shows. The party on the stage continued off stage at after parties, on the tour bus and when he returned home.

Séan and Andrea present a raw, truthful two-person account of his road to recovery bringing to the light the root of his alcoholism and his path to recovery.

Born in Carbonear, Newfoundland, Séan McCann rose to fame as a founding member of the folk group Great Big Sea. Today Séan is a renowned mental health, addiction, and recovery advocate who continues to sing and share his story of surviving twenty-five years of alcoholism that once masked a dark secret of childhood abuse.