

Hockey Equipment List

- Underclothes (usually Long johns or shorts/tshirt)
- Jock/Jill Shorts
- Shin Pads
- Hockey Socks (for over shin pads, use Velcro on Jock Shorts to keep them up!)
- Hockey Pants
- Neck Guard
- Shoulder Pads
- Elbow Pads
- Jersey
- Skates
- Helmet and Cage
- Hockey Stick

*Mouthguards are optional.