

FRI SEP 21 | 12 pm

# *Free Healthy Aging*

## Lunch N Learn For Men 55+

Guest Speaker:

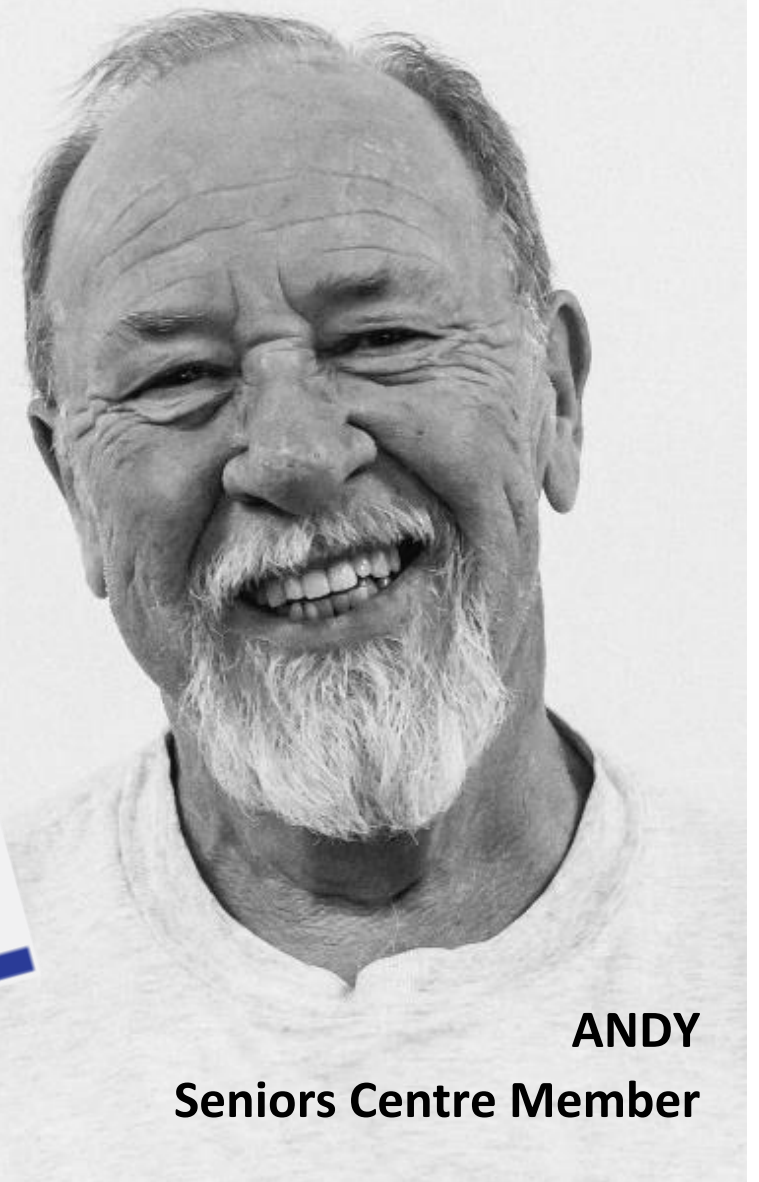
Dr. George Tardik, ND  
Men's Prostate Health

Complimentary lunch!

**RESERVATION REQUIRED.**

**CALL 905-372-7371**

**TO REGISTER.**



**ANDY**

**Seniors Centre Member**

**COBOURG COMMUNITY CENTRE**

750 D'Arcy St. | [ccc.cobourg.ca](http://ccc.cobourg.ca)

