

Supplies Needed:

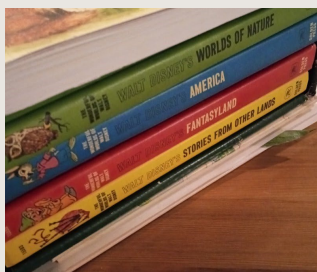
- Flowers
- Book
- Parchment paper
- Picture Frame

PRESSED FLOWER ART



Gather flowers and leaves from your garden

Lay them out in a flat, single layer on your parchment paper. Place another piece of parchment paper on top.



Place flowers and parchment paper between the pages of a book

Place a few heavy books on top and leave to sit for a few days.



Arrange the pressed flowers in a frame and hang it up. You're done!

You may need a bit of glue or tape to hold the flowers in place.



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