



# Kids in the Kitchen

## Banana Sushi

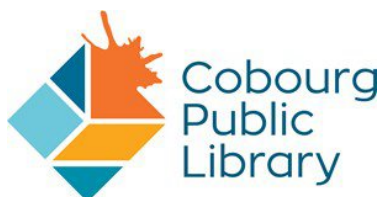
This is a fun snack that gets kids involved in the kitchen. Even the pickiest eaters will enjoy trying this treat.

### Steps:

1. Peel the banana.
2. Select a sticky topping and add it to the top of the banana. Melted chocolate or peanut butter work great.
3. Select your favourite coating. It could be shredded coconut, chopped nuts, sprinkles, rice krispies cereal or whatever you have at home.
4. Cut the banana into bite sized pieces and serve.
5. For added fun, provide your child with chop sticks to eat. Enjoy!



Source: [www.myfussyeater.com](http://www.myfussyeater.com)



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